

1. Написать сочинение о своих соревнованиях (подготовке к соревнованиям, выезде на соревнования).
2. Прочитать, перевести текст, написать краткий пересказ (5-7 предложений).

Sport is probably as old as the humanity itself. All over the world people of different ages are very fond of sports and games. Firstly, sport helps people to become strong and to develop physically. Secondly, it makes them more organized and better disciplined in their daily activities. Also sport keeps your mind healthy. Sport helps people to keep in good health. We all need to exercise. Regular exercises gives you more energy. Exercises make you feel and look better. The best exercises are: walking, jogging or swimming. Among the sports popular in our country are football, basketball, swimming, volley-ball, ice hockey, tennis, gymnastics, figure skating. A person can choose sports and games for any season, for any taste. As for me, I like sport. I like tennis, swimming, basketball, football, valley-ball. But my favorite sport is football. Of course, I buy the sports magazines and newspapers, for example: "Sport Express", or "World soccer". I like football in our country, because I live in Russia, but Spanish Premier League I like more. However, I think our football is not less strict and beautiful. By the way football is a team kind of sport. It is a sport played between two teams of eleven players with a spherical ball. The object of the game is to score by driving the ball into the opposing goal. In general play, the goalkeepers are the only players allowed to touch the ball with their hands or arms, while the field players typically use their feet to kick the ball into position, occasionally using their torso or head to intercept a ball in midair. The team that scores the most goals by the end of the match wins. If the score is tied at the end of the game, either a draw is declared or the game goes into extra time or a penalty shootout, depending on the format of the competition. I like this game because it is beautiful, interesting and really fast. Perhaps that's why football is so popular nowadays. Talking about whether I would watch some sport competitions on TV or participate in it I would say that watching them on TV is fine but personally I would of course try to participate in some sport activities since it's much funnier than just watching it. Also it will help me to keep my body in a good shape and to keep me fit and energized.

3. Проанализировать и законспектировать таблицу.

PAST TENSES			
Past Simple	Past Continuous	Past Perfect	Past Perfect Continuous
V-ed, V ₂	was/were + V-ing	had + V ₃	had been + V ing

Действие, произошедшее в прошлом (с указанием точного времени) Повторяющиеся действия в прошлом Последовательные действия в прошлом Законченные действия в прошлом, не связанные с настоящим, с указанием точного или предполагаемого времени	Действие, которое происходило в определённое время в прошлом Действие, которое происходило в прошлом и было прервано другим действием в прошлом (Past Simple) Два или более одновременных действий в прошлом (обычно выполняемых разными людьми) Фоновая ситуация в рассказах и повествованиях	Действие, которое предшествовало другому действию в прошлом или завершилось к определённому времени в прошлом Действие, которое завершилось в прошлом при описании его результата (в прошлом)	Подчеркивается длительность действия, которое началось и закончилось в прошлом перед другим действием в прошлом обычно с since или for , how long Действие, которое началось и закончилось в прошлом и косвенные результаты (побочное следствие) которого были очевидны
<i>yesterday, yesterday morning/evening etc., last night/week etc., two weeks/a month ago etc.</i>	<i>while, when, as, all day/night/morning/afternoon, at 5 o'clock yesterday etc.</i>	<i>before, after, already, just, till/until, when, by, by the time, never, for, since</i>	<i>before, since, for, how long, till/until</i>

4. Преобразуйте следующие утвердительные предложения в отрицательные и вопросительные.

1. By 6 o'clock the rain had stopped.
2. We were having tea at 5 o'clock.
3. They had been staying at the hotel since May.
4. I was flying to London that morning.
5. I had known Mark all my life.
6. The waiter entered the dark kitchen.
7. We arrived yesterday evening.
8. He was constantly missing the first class.
9. I lived in the country last summer.
10. Lara had been writing with my pen for a week.

5. Выполните письменно упражнение.

Все времена группы PAST

— в одном из «прошедших» времен: *Past Simple, Past Continuous, Past Perfect* или *Past Perfect Continuous*

1 Nick (write) a letter when I came. He (write) a letter for an hour when I entered. Nick (not write) the letter yesterday and he (not write) it before I came. He just (finish) to write his letter. 2 Kate (make) her report last week. And I (prepare) my report this week. I (make) my report when you entered the room. I (write) it for about an hour when you came. 3 It (rain) on Saturday and it (rain) all day yesterday. And it (rain) this week too. It already (rain) for several hours when I went out, but it (stop) raining before you came. 4 Who you (talk) to yesterday when I (meet) you in the street? I (talk) to my friend. He (come) from St. Petersburg two days ago. We already (talk) for 15 minutes when you (see) us. 5 Ann (leave) the University, (take) a bus and (go) home. When she (arrive) home her son (prepare) his homework. He (work) for two hours when mother came. While Ann (cook) supper her son (study). They (have) supper before they (go) to bed.